



Eden Island
SEYCHELLES

GUEST GUIDE

Eden Island has many facilities and outlets based on the island which will ensure that your time spent here is enjoyable and hassle-free. The village is managed by the Eden Island Village Management Association (VMA). Facilities include a fitness centre and clubhouse, resident swimming pools, four breathtaking beaches, a tennis court, two play gyms for children - all of which is set amongst the scenic backdrop of the mountainous Mahé Island and the expansive Indian Ocean.

Outside of the residential village and open to all is Eden Plaza shopping centre with its supermarket, restaurants, bars, boutiques and micro brewery. You will also find the Eden Bleu Hotel and more restaurants

and bars all providing hours of fun and enjoyment for the entire family.

If you wish to venture off the island – our concierge desk can provide you with information on all the best venues, activities and of course, beaches to experience.

Welcome to paradise!

Whether you are interested in fishing, sailing, diving, island

hopping or just leisurely exploring the islands – our concierge desk based at Eden House will be able to assist you.

The VMA Call Centre is open 24 hours a day with security controlled access into and out of the residential village. Buggies are provided with each unit which allows you the freedom to explore Eden Island.



APARTMENTS



MAISONS



VILLAS

USEFUL PHONE NUMBERS

VMA Call Centre	434 6111
VMA Security	434 6111
Concierge Services	434 6004
Seychelles Hospital	438 8000
Met Office	438 4358
Central Police Station	428 8000
Ambulance	999
Airport	438 4000

EDEN ISLAND

Sales Office	434 6000
Eden Island Luxury Accommodation	434 6000

RESTAURANTS ON EDEN ISLAND

1770 Brewery	281 6757
Boardwalk	434 6303
Bravo	434 6062
Chatter Box	434 6134
Le Belle Epoque	434 6765
Marlin Bleu	439 9100
Tamassa Lounge	434 6880
The Havana	441 1318
The Maharajas	434 6869
Sey si bon	434 6833
Eden Ice Cream	–
EDEN BLEU HOTEL	439 9100

EDEN PLAZA

Euromedical	434 6924
(Open Mon – Fri: 9am to 5pm, Sat: 9am to 1pm, Sun: on call)	
Spar Eden Island	434 6838
(Open Mon – Fri: 9am to 8pm, Sat: 9am to 10pm, Sun: 8am to 2pm)	
Eden Holistic Spa	434 6663
(Open Mon – Sat: 9:30am to 8pm, Sun: 11am to 6pm)	
Gymnasium – X-Trim	434 7070
Eden Aquarium	434 7032

* Seychelles international dialing code is +248



GENERAL BEHAVIOUR

- Please consider safety, comfort and enjoyment of others in all your actions
- Always obey instructions from security and official VMA staff – they are here to help
- Keep noise levels (including music) to a level which does not disturb neighbours
- Hanging washing on railings and/or in public view is not permitted
- No lighting fires anywhere on Eden Island (private or public space)

SECURITY ADVICE

- All persons entering Eden Island village (including invited guests) **must** register with security. No exceptions will be allowed
- Please lock apartment, maison, villa when leaving unattended
- Please do not leave valuables outside unattended
- Report any security/emergency incidents to Security ASAP (Call: **434 6111**)

ROAD & EPV SAFETY

- Buggies/EPV's are driven on left side of road on Eden Island
- Drive buggies responsibly – obey traffic rules and signs
- Only persons with a valid drivers licence are permitted to drive buggies
- No driving of buggies on beaches, gardens, parklands
- Use designated footpaths when walking/jogging wherever possible
- Only park your buggy in the allocated bay at your units or in the designated public spaces around the island

BEACHES, SWIMMING POOLS, PARKS

- Swimming pools open 6am – 9pm daily
- Swimming on Eden Island is at your own risk – no lifeguards are on duty within Eden Island village
- Parents and guardians are responsible for their children. Supervise at all times
- Respect other peoples' privacy and enjoyment on all the beaches and at the parks and pools
- Glass bottles / containers at pools are not permitted
- Alcohol is not permitted in and around pool areas
- Swimming at night on beaches is not advised
- Games and activities that disturb the peace or that can injure or damage public/private property are not permitted anywhere on the island
- Always wear appropriate swimwear. Nudity is not permitted

MARINA BASINS

- No wake zones exist in all basins & commercial marina. This will be strictly enforced
- Using other people's boat/yacht berths requires written permission from berth owner
- For safety reasons swimming is not permitted in the marina or basins (excl boat maintenance)
- Fishing anywhere on Eden Island is not permitted
- Do not clean fish or throw remains into basins/marina (may attract dangerous species)
- No sleeping aboard vessels in basins. Overnight occupancy is permitted in commercial marina only

OTHER FACILITY TIMINGS & INFORMATION

- VMA call centre is open 24/7 should you require assistance during your stay
- Eden Island Gymnasium – (*Public holidays: closed unless advised*)
Open Mon – Thurs: 7am – 9pm, Fri: 7am – 6:45pm, Sat & Sun: 8am – 12 noon,
- Tennis court open 7am – 9pm. After 6pm play requires paid lighting
Tokens available at gym. Booking of court at clubhouse
- Specific usage rules for gym and tennis court apply – enquire at gymnasium
- Children's Playroom open daily 9:30am – 6:30pm

Help conserve water at all times

Minimize the use of electricity by switching off airconditioners when out

Please help to keep Eden Island tidy



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www.edenisland.sc



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Eden Island's location in Seychelles offers access to some of the richest fishing and diving destinations in the world as well as being a sailing paradise. Whether it is casting your fly lines on the magnificent shallow flats, deep sea fishing in the archipelago for an abundance of wahoo, sailfish, marlin or tuna, island hopping in safe, cyclone-free waters, or simply snorkelling amongst the coral this is a paradise that few get to experience. The 115 islands are scattered across millions of square kilometres of water, offering sailors, divers, fishermen or simply paradise seekers a wide variety of seemingly uncharted locations to explore.

ACTIVITY	PERIOD
Bird-watching	April (breeding), May – September (nesting of Sooty Terns), October (migration)
Diving	March – May / September – November
Fishing	October – April
Hiking/Walks & Trails	May – September
Sailing	Year-round
Snorkelling	Year-round
Surfing/Windsurfing	May – September



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